

Tinnitus Sound Therapy System®

Sound Card Description For Model S-690

Your Sound Oasis® S-690 sound card includes 24 sounds with advanced sound therapy to help tinnitus sufferers manage their tinnitus at home, work or while traveling.

The 24 sounds are described below:

Waterfall	The steady flow of a cascading waterfall is perfect as a “natural white noise” for masking unwanted background sounds.
Steady Rain	Sleep or relax with your favorite book as the wavering patter of rain falls.
Mountain Stream	A rippling mountain stream helps you unwind and creates an excellent background sound for daily activities in the home or at the office.
White Noise	Comprises consistent sound containing equal amounts of high and low pitch sound frequencies.
Stormy Surf	Rhythmic, spilling breaker waves from a storm become a sound curtain of white noise.
Brown Noise	Consistent sound containing more low pitch sound frequencies than higher.
Energy Chimes	A slowed down chorus of crickets resonating in the BETA brainwave range blend with slow moving chimes (also in the BETA range). The combination is an atmosphere that sounds like a relaxing summer evening on the deck, but has an inherent BETA energizing effect
Tranquility	The calming and delicately slowed down sounds of a xylophone combined with ALPHA brainwave entrainment (8 hz) achieve deep relaxation.
Alpha Clouds	A soothing harp activates ALPHA brainwave patterns to promote a healthy, enjoyable state of relaxation.
Sleep Surf	Ocean Surf combined with musical pulsations at the 2 hz DELTA brainwave range create an effective sleep inducing environment.
Delta Voyage	Rhythmic white noise with dense DELTA frequency entrainment (.5, 1 and 2 hz) coax your mind into a restful and rejuvenating sleep.
Dream Echoes	Echoing melodies with .25, .5, 1 & 2 hz DELTA frequency entrainment encourage deep, restorative sleep.
Jet Interior	Ever wonder why so many people can sleep on airplanes? One of the reasons is the white noise generated by the plane. Sound Oasis has recorded the sound of a Boeing 777 at 35,000 feet and brought this sound to you in one perfect track.
Cooling Fan	Sleep to the continuous whirling sound of an electric fan without the chilling effect of the real thing.
Crashing Waves	Take a break and walk along a jagged coastline as you listen to the powerful, yet exhilarating, crash of waves against the rocks.
Island Stream	A peaceful Hawaiian stream with a chorus of birds provides an oasis of natural sound for reading, relaxation or sleep.
Asian Garden	Relax or meditate in a secluded Asian Garden where the lulling sounds of an Asian Sarod blend with a gently flowing brook.
Summer Night	A gentle chorus of crickets provides a peaceful and restful environment for contemplation, rest and sleep.
Unwind	This soothing, pulsating ocean of keyboard and synthesizer melodies melts away daily stress.
Reflection	This wonderfully calming keyboard and synthesizer music has a natural oceanic rhythm for relaxation.
Serenity	Rhythmic ocean waves blend with keyboard and synthesizer music to create a peaceful, soothing environment.
Pink Noise w/Delta Waves	A pleasing pink noise with delta sleep pulsations embedded to help you transition into sleep effortlessly.
Calm	Smooth and relaxing music to help release nervous tension and decrease anxiety associated with mental stimulation.
Yoga	A soothing relaxation sound ideal for releasing daily tension.

See our growing library of sounds at www.soundoasis.com

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